



Transcending Gender-Based Violence through Connection

A message from YWCA Executive Director, Kim Dolan

Our ability to help women and children create peaceful, thriving tomorrows is rooted in the commitment of countless people throughout our communities – *people like you!* – who understand the power and importance of relationships.

Throughout the pandemic, our front-line teams at Crossroads Shelter in Peterborough and HERS in Haliburton County have been working more closely than ever with community partners to bridge gaps and strengthen the safety net that women and their children need in times of crisis.

Our Transition and Court Support Programs, and skilled staff at our Women's Centre and Centennial Crescent locations, continue to be available every week by phone and virtual appointment. And as always, our 24 Hour Support & Crisis Line is here to help connect women, and those who love them, with safety planning, access to resources, an empathetic ear, and critical crisis response.

Our Nourish team specializes in building vital connections with women and families through online food workshops, community gardens, local farmers markets, and bi-weekly deliveries of fresh, healthy food.

The relationships that support women who experience gender-based violence are many – each one important to the success of each woman's journey to a new future of possibility.

As a supporter of the YWCA, it's *your* desire to help make a difference that places you at the very heart of these relationships! Thank you for staying connected and for maintaining your commitment to ending gender-based violence, together.

Pictured left (from top): Crossroads Shelter garden; YWCA staff vaccination buttons; Nourish emergency food box; Centennial Crescent's 'Kindness Rocks' garden; and daisies planted in memory of Daisy Downs beneath our Women's Centre sign in Minden

Thank you for helping to eliminate barriers to safety! With help from our wonderful supporters in Haliburton County, our Women's Centre staff were able to provide flexible support for clients without access to a vehicle or the internet. Our team traveled throughout the County to leave important documents and groceries on women's doorsteps, and ensured that safe transportation was available for clients traveling to the Haliburton Hospital for COVID testing.

Your Membership, Your Voice, Your Vote

Have you joined the YWCA movement to end gender-based violence?

As a member of YWCA Peterborough Haliburton you will:

- Build a strong advocacy voice for women and girls and help improve their lives
- Support YWCA programs and services in our community
- Vote on matters important to the YWCA and elect the Board of Directors at YWCA Peterborough Haliburton's Annual General Meeting

Visit our website or contact Yvonne Porter at 705-743-3526 x120 or yporter@ywca.peterborough.org for more information.

**It is the policy of the YWCA that the fee shall not be a barrier to membership. If you are unable to pay the full annual fee (\$20), please pay an amount that suits your budget.*

Curious about this year's holiday giving options?

Please visit our 'Gift of Safety' page on our YWCA website or connect with Tina MacFarlane at 705-743-3526 x123 or tmacfarlane@ywcapeterborough.org.



In 2021 donor support made it possible for **10 local women** who have experienced gender-based violence to pursue higher education

Building a Brighter Future | Hazel Education Bursary

The transformative force of education is something Dr. Anne Keenleyside and her partner, Patrick Butler, have witnessed time and again through their work at Trent University. Anne shared with us how fortunate she feels to have had the resources - *money, time & family support* - that allowed her to pursue higher education and to become a professor of anthropology.

Both Anne and Patrick have had the good fortune of being surrounded by loving parents who demonstrated the importance and power of giving back to their community. Patrick's parents Roy and Beverly Butler gave tirelessly of their time and energy to many causes in the Peterborough area including Five Counties Children's Centre, Peterborough Regional Health Centre and Brock Mission.

In a wonderful gesture of generosity and as a way of celebrating the memory of Roy and Beverly's legacy of volunteerism, Anne and Patrick donated \$25,000 to the YWCA's Hazel Education Bursary. This significant investment is critical to the ongoing sustainability of the award that offers up to \$2,000 per year to women who are pursuing education in fields that will offer them a future of security and stability.

We can't thank Anne and Patrick enough for this crucial investment in the future of women and children in the Peterborough Haliburton area and for honouring volunteerism by celebrating the Butlers' important work in our community.

For details about our Hazel Education Bursary, please visit our website.

Prioritizing Women's Safety | 'What's Next?' Room



Thanks to the generosity of 'What's Next?' Fund supporters, women seeking support through our START program can book an appointment in our newly renovated 'What's Next?' room.

The space offers adjoining meeting rooms separated by a window so that women can safely meet with YWCA Transition & Court Support teams, as well as other key community partners, in person at our 216 Simcoe Street, Peterborough location when phone, text, email or virtual meetings are not an option.

The design incorporates fully sanitizable office furnishings, a children's area, hands-free intercoms, and allows women to benefit from non-verbal cues such as facial expressions and other body language, mask-free.



Thank You to our Amazing Turning Point Partners!

YWCA Turning Point Partners are dedicated supporters who make an annual commitment of \$1,000 or more to improve the lives of local women and children experiencing violence and abuse.

William & Lorna Anderson

Bonnie & Laurie Dawe

John & Val Du Manoir

Eric Warden Financial Planning Inc.

Stephanie Ford Forrester

Julia D. Harrison

Ms. Gwyneth Hoyle

Rosemary & Robin Maughan

Mrs. Mary McGee

Maureen & Ken McKeen

Jill Ritchie & Bruce Wurtele

Ranlyn Transport

Donn Scott

Linda & Alan Slavin

Dr. Virginia Walley & Carla Rinaldo

Anonymous (4)

Please visit our website or contact Corinna Campbell at 705-743-3526 x128 or ccampbell@ywcapeterborough.org for more information.

Celebrating your Support | Recent Acts of Kindness

Thank you to the following community leaders for prioritizing equity, safety and an end to gender-based violence!

Corporate Donors:

- Linz Hunt – Royal LePage Frank Real Estate
- AON
- Kawartha Credit Union
- Siemens Canada
- Parkview Homes

Community Donors:

- Masonic Foundation of Ontario
- Jess Meldrum

Virtual Challenge Sponsors:

- Ontario Insurance Network
- Nightingale Nursing & Home Support
- Jewell Auto Glass
- Tammy-Lee Hanlon – Desjardin Insurance
- Baker Tilly KDN LLP
- Chemong Home Hardware Building Centre
- McLeod's Ecowater

Learn more about corporate or community partnerships by connecting with Ria Nicholson at 705-743-3526 x113 or rnicholson@ywcapeterborough.org.

Thank you!

We are incredibly grateful to all the generous folks who choose to support YWCA services on a monthly basis. To learn more about this convenient way to give, please contact Tina MacFarlane at 705-743-3526 x123 or tmacfarlane@ywcapeterborough.org.

Using the Power of Your Will To Do More | Leaving a Legacy

You may not have pictured your Will as a powerful tool for change but the fact is, leaving even a small portion of your estate (1%) to charity can result in a bigger contribution than you ever thought possible – while still supporting those you love.

In short, you can support your loved ones and help end gender-based violence!

We're proud to partner with Will Power, a national public education effort that's showing Canadians the significant impact of a gift in their Will.

Learn more about common myths and the many benefits of leaving a gift to the YWCA in your Will at willpower.ca/charities/ywca-peterborough-haliburton.



A Letter of Appreciation from a Local Healthcare Professional to our Nourish Team

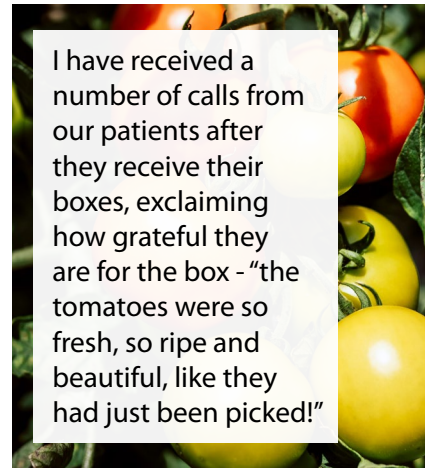
I just wanted you to know how important the Nourish Food Boxes have been in our patients' lives here at Peterborough Family Health Team. As a Nurse Navigator with the Clinical Support Services Team, we help our patients struggling with health equity concerns navigate health and social systems; to connect with resources to help stabilize their lives.

Food insecurity is one of the biggest issues our patients face. Of all of the programs and services we connect our patients to, the Nourish Box is one of the most cherished.



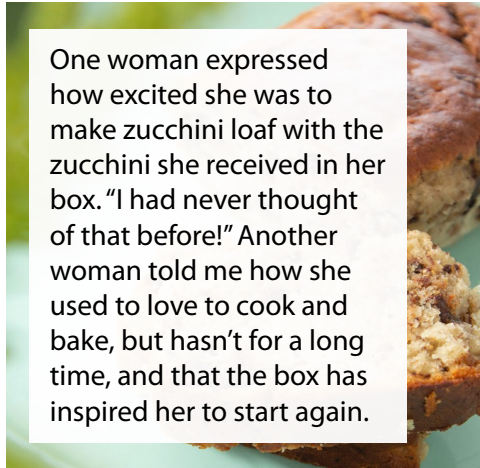
As soon as I tell them about the box and ask if they are interested, they just "light up." The whole tone of the conversation changes and collectively, the answer is always a resounding "yes."

I have received a number of calls from our patients after they receive their boxes, exclaiming how grateful they are for the box - "the tomatoes were so fresh, so ripe and beautiful, like they had just been picked!"



Some comment on how much they appreciate the little touches - like a lemon and/or fresh herbs, to get creative with cooking. Some love the recipes in the newsletter they receive with the box.

One woman expressed how excited she was to make zucchini loaf with the zucchini she received in her box. "I had never thought of that before!" Another woman told me how she used to love to cook and bake, but hasn't for a long time, and that the box has inspired her to start again.



Until I received the unanimous response I did from my patients about the opportunity to receive the Nourish Food Box, I didn't realize how much I took having the privilege of being able to afford healthy and whole foods for granted.

Most of our patients are low income and struggle to afford enough food for the month, let alone fruits and vegetables, which tend to be more expensive than buying boxed foods. I had one woman call me in tears after the first time she received the box, telling me: "I can't tell you how grateful I am for this box. I'm just blown away. I can't believe it. It is so beautiful. Thank you so much."

For single mothers who struggle to feed themselves and their children healthy food, getting the box is an absolute necessity.



The number of calls I receive solely to thank me for the box is astounding. So as a healthcare professional, I just wanted to let you know how meaningful and helpful the service you provide is. I just want everyone who needs a Nourish Box to be able to get one! Thank-you from our team for everything you do!



We're here for women, as well as the people who love and support them. If you or someone you know needs help, contact us day or night.

24 Hour Support & Crisis Line:

CALL | 1-800-461-7656

TEXT | 705-991-0110

YWCA Administrative Office

216 Simcoe St, Peterborough, ON | 705-743-3526
info@ywcapeterborough.org

YWCA Women's Centre of Haliburton County

11 Bobcaygeon Rd, Minden, ON | 705-286-1942
ywcahal@ywcapeterborough.org

Office Hours | Monday-Friday, 9:00 am - 4:30 pm

Charitable Registration # | 12981 9819 RR0001



www.ywcapeterborough.org